

4BCT 'Desperado' Knows How to Move



By Cpl. Benjamin Cossel, 122nd MPAD
Staff Sgt. Luis Cintron, Task Force Lightning Attack 1-25 Avn., 4th Brigade Combat Team, 1st Cavalry Division, demonstrates a jumping maneuver with a sword during a class on weapons.

By Cpl. Benjamin Cossel
122nd MPAD

CAMP COOKE- In the 1995 movie *Desperado*, Antonio Banderas plays El Mariachi, a gun-wielding, fist-throwing, guitar-playing hero jumping to life from the pages of a Hollywood script. As if cast from that same script, stands Staff Sgt. Luis Cintron of Task Force Lightning Attack, 1st Battalion, 25th Aviation Regiment "Desperados," 4th Brigade Combat Team, 1st Cavalry Division.

Not content with the two black belts he holds or the ability to dance masterfully three different styles of Latin dance, Cintron has brought his passions to the Soldiers of Camp Cooke. With a schedule of

events that encompasses the entire week, Cintron teaches martial arts, Latin dancing, and music.

"I taught these classes while back in Hawaii," the 30-year-old Loraine, Ohio native said. "When we were getting ready to deploy, many of my students asked if I was going to be teaching in Iraq. At first I didn't think I would. As more and more people asked me, I decided to go for it, so I packed up my stuff and brought it over."

Monday, Wednesday, and Friday Cintron teaches the basics of Ala-Kai Sho-To-Kan and Gus Park style martial arts. He holds 6th level black belts in both. For two hours, beginning at 7:30 p.m., the Camp

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39BCT's 2-162nd Inf. Honors Three Fallen Heroes



The Soldiers of Company D, 2nd Battalion, 162nd Infantry Regiment, 39th Brigade Combat Team, stand rank and file for the memorial service of three fallen comrades; 1st Lt. Erik McCrae, 25, of La Grande Ore., Sgt. Justin Lynn Eyerly, 23, of Portland Ore., and Spc. Justin Wayne Lindon, 24, of Portland, Ore. The three Soldiers were attempting to render aid to injured military police when an improvised explosive device (IED) found its target.

By Staff Sgt. Rebekah-mae Bruns
39th Brigade Combat Team Public Affairs

1-7 Cav Builds Playground in Al Aamel

Maj. Nathan Hines, the executive officer of the 1st Squadron, 7th Regiment Cavalry of the 1st Cavalry Division, passes out Frisbees to school children at the site of a playground that was built with the help of the division's 5th Brigade Combat Team. The Al Aamel playground was built near two schools, and will include working restrooms and a full-service coffee shop. In an effort to increase the quality of life for the residents of Al Aamel, the 1-7 Cav. facilitates projects requested by the neighborhood advisory council.



By Spc. Andy Miller, 122nd MPAD

Friendly Atmosphere Provides Stress Relief, Fun



By Cpl. Benjamin Cossel, 122nd MPAD
Staff Sgt. Louis Cintron and Pfc. Yahira Ulloa, both of Task Force Lightning Attack, 1-25 Avn., 4th Brigade Combat Team, 1st Cavalry Division, dance Salsa at the Kellogg, Brown and Root theater on Camp Cooke.

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Cooke gymnasium is filled with the loud "Kia!" as students perfect their lessons on the tall rounded punching bags.

"Martial arts is a great stress reliever," he said. "We all know how much tension can build in a person being in the environment we are in. Being able to let that out in a positive manner is just so much more constructive."

If the three days of training per week are not enough for some Soldiers, Cintron offers private lessons on Saturdays.

"I'm a certified instructor for both of the styles I teach," the power plant mechanic section sergeant said. "Many of the Soldiers take advantage of

that fact to get certified in one of the forms. Private lessons really help that along. In fact, a dedicated student could earn their black belt over the length of our year long deployment."

On the soft side of Cintron's instructions, a peek through the door of Kellogg, Brown and Root Theater, shows more than 30 Soldiers actively engaged in Salsa, Merengue and Bachata dancing classes.

"Soldiers can really cut loose here," a grinning Cintron said through fast, heavy breaths. "The main thing is to have fun; maybe learn some great dancing moves to impress your friends when you get home; but mostly just have

fun."

The laughter and smiles filling the room gave proof the classes were fun.

"The whole goal of everything I do is to provide a place where soldiers can just forget where they are for at least a few hours a day," he said. "We're so enmeshed in all of this that we have to be able to just disconnect sometimes."

The friendly atmosphere of the theater combined with the jovial sounds of Soldiers make it easy for them to forget they are in a combat zone.

A person partaking in the classes might give themselves a break at least once a week, but Cintron looks at his "down

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Hospitality, Friendship and Manners:

Cultural Awareness Key to Mission

By Sgt. 1st Class Warner Stadler
Division G-5 Liaison Officer

"Because I have been athirst, I will dig a well so others may drink."

— Arabic Proverb

This proverb reflects the spirit behind the old rules of hospitality of the Bedouins. Offering a traveler, even an enemy, food, water and shelter for three days was an unwritten rule of the desert. It was need-

ed for mutual survival in this harsh, merciless environment.

The custom is still practiced today. Even the poorest families will share all they have in an effort to extend proper hospitality to their guests. Over time, the custom has grown from a system of mutual life support to a treasured means for social interaction and friendship.

To become a good friend of an Arab, one must graciously accept his hospitality and generously return the favor

when the opportunity arises. To an Arab, hospitality is one of the most highly admired virtues. Much like we desire to impress our friends with our possessions or our ability to excel at a certain sport, an Arab strives to impress with his hospitality. Show him that you are impressed. It will gratify your host and strengthen your friendship.

Like hospitality, good manners are another measure of virtue and character. Although your Arab host will

forgive you for minor infractions when he knows that you are unfamiliar with the local customs, he does expect you to make an effort to learn the proper etiquette.

When you are in his house, he expects you to follow the rules of the house, figuratively and literally speaking. We will soon change from being an occupational force to becoming guests in Iraq. It is important that we conduct ourselves properly, and do not wear out our welcome.

Multi-Talented Soldier Does It All



By Cpl. Benjamin Cossel, 122nd MPAD

Staff Sgt. Luis Cintron demonstrates a takedown maneuver to students. He offers martial arts classes to troopers of Camp Cooke. "It's a great form of PT," Cintron said. "And it's a great way to get a little bit of stress out."



hallmark.com

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day" as another day to teach.

"I play the drums and I teach others to play them as well," he said. "As we started up with the music classes, more people started showing up with their own instruments and it sort of grew into a teaching jam session."

Cintron laughed as a Soldier suggested that he would be a valuable asset to a nightclub, as he could provide the security, band and dancers.

"I must admit, though, that there are some selfish motivations to me teaching all this," Cintron said. "It helps me to take my mind off of where I am. I really miss my best friend and roommate back in Hawaii and this sort of helps me get through it."

Iraqi Word of the Day

injured

mu-Sab /
mej-ruuH

Saturday

High: 111
Low: 84



Sunday

High: 112
Low: 84



Monday

High: 110
Low: 84



Weather information provided by
1CD Staff Weather Office (SWO)

Father's Day is Sunday, June 20

**The MCI Phone Center is open
June 17-24 to call your dad (for free!)**

San Antonio's Sea World Adventure Park Takes Show on the Road

► From *Killeen Daily Herald*

KILLEEN, Texas- The thrill and excitement of San Antonio's Sea World Adventure Park was transported more than two hours to Killeen on Thursday.

More than 50 children filled the seats of the Vive Les Arts Theatre for one of Thursday's performances of the Sea World show on the opening day of Operation Family Affair.

Operation Family Affair, a joint venture between Killeen and Fort Hood began its four-

day run Thursday at the Killeen Civic and Conference Center and surrounding area.

The festival is planned in conjunction with the annual Juneteenth celebration, commemorating the anniversary of the day that Texas slaves learned of the Emancipation Proclamation.

Carmen Casto said she brought her children to the event because it was an opportunity to do something different.

"Sea World is far away and

we are not able to make an afternoon trip there," Casto said. "Since the park came for a show, we want to see what it is."

Director of Animal Interactions at Sea World Chris Bellows said the program is shown periodically at different community festivals.

"Some kids don't have the opportunity to go to Sea World, so this is a little bit of an outreach," Bellows said. "We brought a variety of different animals for a 25-minute presentation."

In the presentation, lizards, porcupines, parrots and alligators were displayed on stage, while Bellows told the children about each animal's history.

Bellows said the presentation is designed to be educational in order to teach children to protect animals, especially endangered species.

"When kids see the animals and touch them they form an emotional bond and want to protect them more," Bellows said. "We hope they leave with a better appreciation of the animal and vote for legislation that will protect them."

Rosalyn Tate said her son had been asking her about see-

ing the snakes since the beginning of the day.

"People across the street from us have snakes and have gotten my son interested in them," Tate said. "He has been asking me all day how much longer we had to wait until the show."

Operation Family Affair will continue into the weekend and the Sea World show is scheduled today at 9 a.m., 2 p.m. and 3 p.m.

Activities will kick off today with an opening ceremony at 8:30 a.m. at the Killeen Civic and Conference Center.

Other events include a Boxing/Tae Kwon Do exhibition featuring Evander Holyfield, the "Cats" tour across America and a performance by Carolyn Dawn Johnson.

The Broadway show "Cats" and a Korean cultural show will take the stage at the Vive Les Arts Theatre, where a Youth Scholarship and Educational Seminar will also take place.

Concerts featuring a variety of artists — from hip hop to country to gospel — are scheduled tonight, Saturday and Sunday afternoon.



Killeen Daily Herald

Audience volunteers hold an 8½-foot Burmese albino python, named Mellow Yellow, during the Sea World Traveling Show at the Vive Les Arts Theatre on Thursday. Various animals, including a porcupine, an American alligator and an American bald eagle, were featured.

1CD CG Addresses Iraqi Infrastructure, Soldier Quality of Life Issues

► From *Temple Daily Telegram*

FORT HOOD, Texas-Baghdad will get more than \$500 million in new and repaired infrastructure during the next 90 days, 1st Cavalry Division's top-ranking officer said.

Maj. Gen. Peter Chiarelli, commanding general of the 1st Cavalry Division, Thursday answered reporters' questions

with upbeat assessments during a video-teleconference between Baghdad and Fort Hood.

Top items included infrastructure improvements, the role of reservists, R&R (rest and recreation) leave for the troops, living quarters for the Soldiers and extra measures employed

to protect Soldiers from insurgent attacks.

Asked about the increase of insurgent activity and how long it may keep troops in Iraq, Chiarelli said

1st Cav would remain in Iraq for nine more months for certain.

He said insurgent raids are desperate actions primarily targeting the Iraqi population with a goal to turn them against a democratic Iraq.

"I don't see that happening here, though," said Chiarelli. "You hear a lot of talk in the streets about how excited Iraq is about plans for their new government and rebuilding their infrastructure."



Express, Fans Prepare for Pettitte's Rehab Start

► From Killeen Daily Herald
ROUND ROCK, Texas —

From Day 1, the atmosphere at Round Rock's Dell Diamond has been the envy of minor league baseball, with attendance figures routinely reaching five digits.

But tonight, when Houston Astros left-hander Andy Pettitte makes a scheduled rehab start for the Express against Frisco, the five-year-old facility is likely raise its own bar for bedlam.

"This place is gonna be rockin', that's for sure," Express manager Jackie Moore said. "It's going to be a great atmosphere and it should give us a nice jump start."

For more reasons than one - mainly because Pettitte, who is expected to throw three innings to exercise a strained left forearm, won't be the only drawing card.

A post-game fireworks display, given after every

Friday home game, is certain to bolster attendance as well.

"When this place is full, and it's going to be full on Friday night, it has a thunderous roar to it," said Express radio play-by-play man Mike Capps. "And with Andy coming in, it could easily be one of the top five nights we've ever had here."

As of Thursday, more than 10,900 tickets had been sold, with walk-up sales expected to push that tally close to the Express all-time single-game attendance record of 12,568.

"Attendance-wise, this could be the biggest night we've ever had," Express Media Relations Coordinator Mark Swanson said. "We've had major-league stars here before and we've had the Texas League All-Star Game, but this could be the most electric night we've ever seen."

The excitement has spread to the Express clubhouse as well, where the opportunity to pick the brain of a major-league star doesn't occur very often.



houstonastros.com

Houston Astros left-hander Andy Pettitte will make a scheduled rehab start for the Round Rock Express.

"I know the players will try to hang around (Pettitte) as much as they can," Moore said. "I'm sure they'll watch how he works out and ask him a lot of questions."

Sporting a 153-79 career record, Pettitte, who won four World Series rings with the New York Yankees, went on the disabled list on May 31 and pitched six innings in a simulated game on Monday.

"This is going to be an honor," said Express catcher Dax Norris, who will be behind the plate tonight. "I worked with Andy a little in spring training, and I know what he has, so I'm really looking forward to it."

Today in Cav

History

June 19

1966 - Operation NATHAN HALE begins.



Today in History

June 19

► From historychannel.com

1864 The most successful and feared

Confederate commerce raider of the war, the CSS *Alabama* loses a ship-to-ship duel with the USS *Kearsarge* and sinks off the coast of

Cherbourg, France
1867 Emperor of Mexico, Ferdinand Maximilian, executed on the orders of Benito Juarez, the president of the Mexican Republic

1885 The Statue of Liberty, a gift of friendship from the people of France to the people of the United States, arrives in New York City's harbor
1944 United States scores major victory against Japanese in Battle of the Philippine Sea

1945 "Who's on First?" routine debuts on film



MLB



INTERLEAGUE PLAY

Oakland 2
Chicago Cubs 1

Seattle 5
Pittsburgh 4

Texas 8
Florida 1

New York Mets 3
Detroit 2

Chicago 11
Montreal 7



TV GUIDE	AFN ATLANTIC	AFN PACIFIC	AFN Sports	AFN Spectrum
6 p.m.	Law & Order	Saturday Night Live ('03-'04) 5:30 p.m.	SportsCenter	Wit 5 p.m.
7 p.m.	Headline News/ Navy/Marine Corps News	Kickin' It	SportsCenter 7:30 p.m.	The View
8 p.m.	SportsCenter	ESPNNews/ Beyond the Glory	Golf - 104th U.S. Open Championship: Third Round 8:30 p.m.	Burt Wolf's Local Flavors/ A Makeover Story
9 p.m.	Friday Night Fights - Junior Welterweights:	Gillette World Sport 9:30 p.m.	Airline (2 episodes)	One Tree Hill
10 p.m.	Demetrius Hopkins vs. Al Gonzalez	Rip Curl Presents/ ESPNNews	Trading Spaces	The West Wing